

Resources for Utah's Renters

Updated January 10, 2024



Emergency Rental Assistance

- The Covid moratorium for emergency rental assistance has expired. Please reach out to 2-1-1 for a list of organizations who are still offering rental assistance
- HEAT can help renters who are unable to pay their rent and utilities
- For residents living on Tribal Reservations, you can do a search on this [website](#) to access rental assistance.

Other Rental Assistance and Case Management

- Connect with the Community Action Agency in your county or your region to access other sources of rental assistance.
- [Ogden-Weber Community Action Program](#) – (801) 399-9281

Utah Housing Authorities

- <https://www.hud.gov/states/utah/renting>
- Or call 800-955-2232
- Provide rental assistance vouchers and public housing options to income-eligible residents.

Salt Lake City Housing Stability

- www.slc.gov/hand or 801-535-7712
- Formerly known as H.A.N.D., this organization has housing programs, homeless services, and funding opportunities for programs that help provide equity across Salt Lake City.

Mediation

- Even in a good business relationship, there are sometimes disagreements. If talking with or writing to your landlord over a specific issue is not working, you can attempt to enter mediation with the landlord.
 - State-wide mediation: [Utah Community Action \(Landlord/Tenant Mediation Program\)](#) at 801-214-3109 or email mediation@utahca.org
 - Summit and Wasatch Counties: Mountain Mediation Center 435-336-0060
 - Utah Dispute Resolution 877-697-7175

Legal Representation

- **Utah Legal Services**

- [Who Qualifies to Get Help?](#)
- [Contact](#)

- **Salt Lake City**

Address: 205 N 400 W Salt Lake City, UT 84103 ([get Directions](#))

Phone: (801) 328-8891

Fax: (801) 869-2715

Email: [Mary Lyman](#)

- **Provo**

Address: 455 N University Ave, Ste. 100, Provo, UT 84601 ([get Directions](#))

Phone: (801) 374-6766

Fax: (801) 655-5350

Email: [Sharon White](#)

- **Ogden**

Address: 298 24th St, Ste. 110, Ogden, UT 84401 ([get Directions](#))

Phone: (801) 394-9431

Fax: (801) 827-0420

Email: [Gary Anderson](#)

- **St. George**

Address: 229 St George Blvd, Ste. 103, St George, UT 84770 ([get Directions](#))

Phone: (435) 628-1604

Fax: (435) 986-7163

Contact: [Stephanie Large](#)

Disability Law Center

The Disability Law Center (DLC) is a private non-profit organization. We are designated as the Protection and Advocacy agency for the state of Utah to protect the rights of people with disabilities in Utah.

- **Contact:**
 - 205 North 400 West
Salt Lake City, UT 84103
(800) 662-9080 phone
(801) 363-1437 fax
 - Intake Hours
MON-THURS: 9:00am-4:00pm
FRIDAY: 9:00am-1:00pm
SAT-SUN: Closed
 - Video Relay Services
Contact us for free by video relay, [visit Sorenson Video Relay Services.](#)

Home Energy Assistance Target (HEAT) Program

- Thanks to investments made in the Low Income Home Energy Assistance Program (LIHEAP) and Low Income Household Water Assistance Program (LIHWAP), this upcoming HEAT season offers Utahns **more help with their utilities (including water)** than ever before.
- Most Community Action Agencies in Utah, as well as additional community partners like Futures Through Training and Mountainlands AOG, are ready to help households.
- [Connect with your local agency](#), [apply online](#), or call 211 to get help today!

Dominion Energy

- <https://www.dominionenergy.com/utah/billing/billing-options-and-assistance>
- Provides a one-time annual credit to residents who are eligible for the HEAT Program.

Rocky Mountain Power

- [Bill Payment Assistance](#)
- Call this number to discuss payment options with Rocky Mountain Power 1-888-221-7070

Financial Assistance for Internet Services during COVID-19

- The [Emergency Broadband Benefit](#) (EBB) program is a Federal Communication Commission program that helps households **struggling to pay for internet service during the coronavirus pandemic**. This new benefit connects eligible households to jobs, critical healthcare services, and virtual classrooms.

Food Access

- <https://uah.org/covid19>
- Benefits and Food Resources from Utahns Against Hunger

Child Tax Credit Non-filer Sign-up Tool

- <https://www.irs.gov/credits-deductions/child-tax-credit-non-filer-sign-up-tool>
- **Who Should Use This Tool**
 - Use this tool to report your qualifying children born before 2021 if you:
 - Are not required to file a 2020 tax return, didn't file one and don't plan to; and
 - Have a main home in the United States for more than half of the year.
 - Also, if you did not get the full amounts of the first and second Economic Impact Payment, you may use this tool if you:
 - Are not required to file a 2020 tax return, didn't file and don't plan to, and
 - Want to claim the 2020 Recovery Rebate Credit and get your third Economic Impact Payment.

Healthcare

- Contact Utah Health Policy Project team for free assistance signing up for health insurance through Utah Medicaid, CHIP, or the healthcare.gov Marketplace:
 - [English](#)
 - [Español](#)
 - Open enrollment for Health insurance 801-433-2299

Mental Health

- <https://www.namiut.org/our-programs> or call 801-323-9900
- NAMI Utah offers free support groups and education for anyone impacted by mental health conditions throughout Utah – including those with mental health conditions and their family members or loved ones. Our popular programs, in English and Spanish, educate and support participants, helping them realize they are not alone, recovery is possible and treatment works.

Suicide Prevention

- <http://utahsuicideprevention.org/>
- Live On is a statewide effort to prevent suicide by promoting education, providing resources, and changing our culture around suicide and mental health. Together we can get through, reach out, lift up, look ahead, and Live On.
- **HELP LINES**
 - National Suicide Prevention Lifeline at 1-800-273-8255 or [visit the website for more info](#)
 - UNI Crisis Line at 801-587-3000

Recovery Support Services

- <https://www.myusara.com/support/>
- Recovery Support Services are provided by people who share their lived-experience of addiction and recovery. In the continuum of treatment for Substance Use Disorders, Recovery Support Services offer clients a network for building strong and mutually supportive relationships with informal supports and formal systems in their communities. Recovery Support Services are strengths-based to promote and encourage recovery.
- [Online Recovery Resources](#)

Domestic Violence

- [Utah Domestic Violence Coalition](#)
- **24-Hour LINKLine**
 - Free and confidential help and support for victims and survivors of domestic and intimate partner violence is available 24/7: **1-800-897-LINK (5465)**
 - If you or someone else is in immediate danger, or in an emergency, call 9-1-1 immediately.

Anti-discrimination and Fair Housing

- <https://laborcommission.utah.gov/divisions/utah-antidiscrimination-and-labor-uald/fair-housing/>
- The Antidiscrimination and Labor Division (UALD) Fair Housing unit administers and enforces the [Utah Fair Housing Act, Utah Code Ann. §57-21-101 et seq.](#), which prohibits discrimination on the basis of race, color, sex, religion, national origin, disability, source of income, familial status, sexual orientation, or gender identity. The Act specifically prohibits discrimination against anyone who wants to rent or purchase real property (houses, condos apartments, etc.) based on the listed categories.

Reduce Fare for UTA

- As part of the Utah Transit Authority's (UTA) continual efforts to simplify and expand transit access to ALL members of our community and simplify our fare structure, the Reduced Fare FAREPAY Card now offers a 50% discount off the public fare to low income individuals.
- This program is also available to all seniors, youth, and persons with disabilities who qualify via the improved online application process.
- Apply here <https://www.rideuta.com/Fares-And-Passes/Reduced-Fare>

Tax Help

- [Tax Help Utah](#) provides free tax return preparation throughout Utah in partnership with the IRS.

RETURN TO WORK Back-to-work programs

- This unique program is designed as a return-to-work program allowing individuals to rejuvenate their professional experience, training, skills, and receive mentoring needed to return to the workforce. Returning employees benefit from gaining current experience, and employers have a chance to build their workforce – a win-win for everyone.
- While Return Utah opportunities can be a great way to build your work history, the Learn-to-Work program can help you start on a new career path. Employers across Utah are looking for your expertise and are ready to help you find your new career.
- <https://inutah.org/return/>

Other Resources

- [2-1-1 Resources & Referral](#)
United Way 2-1-1 Information and Referral is a statewide service of United Way of Salt Lake that connects people to important health, human, and community service programs.
 - **Call 2-1-1 to access resources state-wide**