

Resources

For a more detailed list of services visit
www.uw.org/211 or dial 2-1-1

General

2-1-1 Information & Referral

Child Care

Child Care Resources & Referral 801-355-4847
Family Support Center 801-487-7778
Salt Lake CAP Head Start 801-799-1122
Utah Afterschool Network 801-359-2722
UT Head Start Collaboration Office 385-831-8334

Disabilities

Dial 7-1-1 for Relay Services
Access Utah Network 800-333-8824
Disability Law Center 801-363-1347
Utah Division of Services for People with Disabilities
801-538-4200
Utah State Office of Rehabilitation 801-957-8200
Utah Independent Living Centers (ULIC)
801-466-5565
Roads to Independence (Ogden) 801-612-3215
Options for Independence (Logan) 435-753-5044
Ability First Utah (Provo) 801-373-5044
ULIC (Tooele) 435-843-7353
Active Re-entry (Price) 435-637-4950
RRCI (St. George) 435-673-7501

Domestic Violence

Domestic Violence Information Line 800-897-5465
National Domestic Violence Hotline 800-799-7233
Utah Domestic Violence Council 801-521-5544
South Valley Services (24-Hour Helpline)
801-255-1095---text HELP 385-266-6208
YCC Family Crisis Center (Ogden) 801-394-9456
YWCA Shelter 801-537-8600

Emergencies & Disaster Relief

American Red Cross - Utah Region 801-323-7000
Dial 9-1-1 for Emergency Response
Lutheran social Services of Utah 801-588-0139

Utah Poison Control Center 800-222-1222

Employment

Job Corps Clearfield Center 801-774-4000
Job Corps Ogden Center 801-479-9806
LDS Employment Resources Center 801-240-7240
Utah Department of Workforce Services
888-920-9675

Food Assistance

Crossroads Urban Center 801-364-7765
Jewish Family Services 801-746-4334
LDS Church Welfare Square 801-240-7320
Utah DWS,, Food Stamps/SNAP 866-435-7414
Salt Lake Food Distribution Center 801-746-4334
Park City 435-731-8455
I.J & Jeaneen Wagner Community Center
801-581-0098
Utah Food Bank 801-978-2452
Utahns Against Hunger 800-453-3663

For additional information by county visit
<https://www.uah.org> under **get help**

Household Items & Clothing Assistance

Catholic Community Services 801-977-9119
Crossroad Urban Center 801-364-7765
Deseret Industries deseretindustries.lds.org
Habitat for Humanity ReStore 801-263-0136 x 1
The Salvation Army 801-988-4204

Health Care & Mental Health

Children's Health Insurance Program (CHIP)
877-543-4669
Family Dental Plan 801-715-3400
Health Clinics of Utah 801-715-3500
Medicaid 800-662-9651

Resources

National Alliance on Mental Illness-Utah	801-323-9900	435-893-0700
Planned Parenthood	800-230-7526	
Salt Lake Donated Dental Service	801-983-0345	Uintah Basin Association of Governments 435-722-4518
Salt Lake Valley Health Department	385-468-4225	USDA Rural Development- <i>Self Help & Loans</i> Programs 801-524-4321
Utah Partners for Health	801-250-9638 x 133	Utah Housing Corporation 801-902-8200
VA Medical Center (Veterans Affairs)	801-528-1565	
Valley Mental Health	888-949-4864	

Homelessness

Utah Community Action	801-359-2444
Homeless Resource Centers Information Line	
801-990-9999 Intake Line	
Family Promise of Salt Lake	801-961-8622
Salt Lake City Rescue Mission	801-355-1302
St. Annes Center	801-621-5036
St. Vincent de Paul Resource Center (Weigand Center)	801-363-7710 x 1418
Gail Miller Resource Center	801-990-9999
The Road Home	801-359-4142
The Road Home-Midvale	801-569-1201
Volunteers of America - Utah	801-363-9414
Volunteers of America—Women	801-893-6678
YCC Family Crisis Center (Ogden)	801-394-9456

Homeowner & Financial Counseling

AAA Fair Credit Foundation	801-483-0999
Bear River Association of Governments	423-752-7242
Mountainlands Community Housing Trust	435-647-9719
Neighborhood Housing Solutions (Logan)	435-753-1112
NeighborWorks of Provo (Housing Services)	801-375-5820
Ogden-Weber Community Partnership (OWCAP)	801-399-9281 opt. 2
NeighborWorks of Salt Lake	801-539-1590
Self Help Homes	801-375-2205
Salt Lake Valley Habitat for Humanity	801-263--0136
Weber/Davis Counties Habitat for Humanity	801-393-3287
Six County Association of Governments	

Minorities, Immigrants & Refugees

Asian Association of Utah	801-467-6060
Center for Multicultural Health	206-461-6910
Centro Civico Mexicano	801-388-0785
Centro de la Familia De Utah	801-521-4473
Comunidades Unidas	801-487-4145
English Skills Learning Center	801-328-5608
Indian Training & Education Center	801-973-6484
Indian Walk-In Center	801-486-4877
International Rescue Committee	801-328-1091
Multicultural Legal Center	801-541-9291
Utah Office of Multicultural Affairs	801-245-7211
Utah Refugee Employment & Community Center	801-412-0577
Catholic Community Services	801-977-9719

Housing Authorities

Beaver Housing Authority	435-438-2935
Housing Authority of Southeastern Utah	435-259-5891
Davis Community Housing Authority	801-451-2587
Cedar City Housing Authority	435-586-8462
Emery County Housing Authority	435-381-2902
Housing Authority of Carbon County	435-637-5170
Housing Authority of SLC	801-487-2161
Housing Authority of the City of Ogden	801-627-5851
Housing Connect	801-284-4420
Millard County Housing Authority	435-864-2908
Myton City/Uintah Basin Housing Authority	
Roosevelt	435-722-3952
Myton City/Uintah Basin Housing Authority Venal	435-781-4156

Resources

Provo City Housing Authority 801-900-5676
Roosevelt City Housing Authority 435-722-5858
St. George Housing Authority 435-628-3648
Tooele County Housing Authority 435-882-7875
Utah County Housing Authority
801-373-8333 x108

West Valley City Housing Authority
801-963-3320

Association of Governments

Bear River Association of Governments
435-752-7242

Five County Association of Governments
435-673-3548

Mountainlands Association of Governments
801-229-3800

Six County Association of Governments
435-896-9222

Southern Utah Association of Governments
435-637-5444

Uintah Association of Governments 435-722-4518
Wasatch Front Regional Council 801-363-4250

Housing & Rental Resources

Utah Community Action 801-359-2444
Danville Development 801-565-0700
Community Housing Services 801-328-1081
Catholic Community Services of Utah 801-977-9119
Volunteers of America Utah 801-363-9414
Crossroads Urban Center 801-364-7764
Utah Non-Profit Housing Corporation 801-364-6117
Utah Application Fee Dispute Fund
<https://utahapplicationdisputefund.org>

Legal Resources & Alternatives

People's Legal Aid 801-477-6975
Disability Law Center 801-363-1347
Multicultural Legal Center 801-468-1183
Park City Mountain Mediation Center
435-336-0060

Utah Community Action
Landlord/Tenant Mediation 801-214-3109

Utah Dispute Resolution 877-697-7175
Utah Labor Commission—Anti-discrimination & Fair
Housing 800-222-1238
Utah Legal Services 801-328-8891
Utah State Bar Association – Attorney Referral
801-531-9077

Non-Profit Legal Services of Utah 385-419-4111
Legal Aid Society of Salt Lake 801-328-8849
And Justice for All 801-924-9000 x 3182
Utah State Courts Self-Help Center

888-683-0009 or 801-742-1898 text
Timpanoga Law Center 801-649-8895

Seniors

Aging Services Call 2-1-1 for your County Services
Salt Lake County Aging Services 385-468-3200
AARP of Utah 866-448-3616
Lutheran Social Services of Utah 801-588-0139
Social Security Administration 800-772-1213
Disability Law Center 801-363-1347
Utah Division of Aging & Adult Services
801-538-3910

Senior Housing

Housing Authority of Salt Lake City 801-487-2161
Community Housing Services Inc 801-328-1050
Danville Development 801-565-0700
Utah Non-Profit Housing Corporation
801-364-6117

Senior Food Assistance

Meals On Wheels Salt Lake City 385-468-3200
Meals on Wheels Logan 435-755-1722
Meals on Wheels Brigham City 435-226-1450
Meals on Wheels Price 435-637-5444
Meals on Wheels Vernal 435-789-2169
Meals on Wheels Roosevelt 435-722-4518

*For a complete list by county visit Utahns Against
Hunger at <https://www.uah.org> under **get help***

Resources

Statewide Community Action Programs

Utah Community Action (Salt Lake County & Tooele)	801-359-2444
Bear River Association of Governments	435-752-7242
Community Action Services and Food Bank	801-373-8200
Family Connection Center	801-771-4642
Open Doors–Davis County	801-773-0712
Five County Community Action Partnership	435-673-3548
Ogden-Weber Community Action Partnership	801-399-9281
Open Doors	801-773-0712
Six County Association of Governments	435-893-0700
Southeastern Utah Association of Governments	435-637-5444
Uintah Basin Association of Governments	435-722-4518
Community Action Partnership of Utah	801-433-3025
Salt Lake County Community Services	385-468-4880

LGBTQ+

Utah Pride Center	801-539-8800
Encircle	801-613-7305
U of U LGBTQ+ Resource Center	801-587-7973

Government Resources

Consumer Financial Protection Bureau	855-411-2372
Utah Attorney General's Office	801-366-0260
Utah Department of Workforce Services, Program Eligibility	866-435-7414
Utah Division of Consumer Protection	801-530-6601
Utah Labor Commission	801-530-6800

Utilities

HEAT Utility Assistance Program	866-205-4357
REACH Utah Utility Assistance	866-674-6327
Rocky Mountain Power	888-221-7070
Dominion Energy (aka Qwestar Gas)	800-323-5517
Intermountain Gas	208-547-2133